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Anti-bus campa costing

TRANSIT

Taxpayer costs mount to battle **Ready to Engage**



Brodie Thomas Metro | Calgary

The private campaign opposed to a new bus rapid transit system in southwest Calgary is costing taxpayers cash, according to the city.

Sean Somers, spokesman for the transportation department, said his office has spent between \$20,000 and \$25,000 on extra costs in an attempt to dispel "misinformation" put out by the Ready to Engage group.

'We've been doing a fair bit of additional social media after hours," said Somers. "For lack of a better word - combating misinformation."

Rick Donkers, Ready to Engage spokesman, said he feels the group is being scapegoated by the city.

"If we had real conversation a give and take of ideas — and not them just telling us that the conversation is closed ... then perhaps we wouldn't be pushing so hard," said Donkers.

He added that the dollar figure concerns him as a taxpayer.

Somers said the extra costs include community mail-outs, staff overtime costs to stage pop-up information sessions in the southwest and hiring additional transit staff to hand out information to passengers.

It also covers hiring extra security while they're at public events. He said they've had to do that ever since an October altercation between a staff member and a resident of Eagle Ridge.

More coverage, page 5



IAL BEGI

All eyes on the case against former CBC host Jian Ghomeshi

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Your essential daily news

Tim Hortons, Burger King commit to serving only cage-free eggs at all locations by 2025. Business

Action plan check-ins encourage engagement

CITY HALL

Initiative aims to identify citizens' key priorities



Helen Pike Metro | Calgary

Whether you're looking for fewer cycle tracks, more Calgary Transit routes or better dandelion control, the city's hoping to hear from you.

Starting in February, Calgarians will be able to "check-in" on the city's action plan — otherwise known as the budget — and provide administration with priorities for 2017 to 2018. A decked-out engagement bus will be parked around town ready for citizens to get on board and engage on what's important to Calgary.

"We're really looking forward to Calgarians getting involved," said Mayor Naheed Nenshi at a news conference Monday. "Come and check in, tell us what you love about the city, tell us what you don't love about the city, tell us what you want us to do more of and tell us what you want to do less of."

The city is hoping information gathered during the action plan check-in will help dig deeper on issues not highlighted in the Citizen Satisfaction Survey.



Mayor Naheed Nenshi is enticing Calgarians to board the city's engagement bus and sip hot chocolate while helping administration pick budget priorities for next year. HELEN PIKE/METRO



We're really looking forward to getting Calgarians involved.

Mayor Naheed Nenshi

"Because this is a mid-cycle adjustment, not a brand new budget, I'm not expecting numbers that big, because it really is

a citizen check-in," said Nenshi. "I believe in database decision making and making decisions on the best facts available, and to me the best source of facts is people's input."

In the survey, 86 per cent of Calgarians said their quality of life was good, but that quality of life was going downhill. At the same time, the city also dug deeper into the public's perception of the economy — which was grim, and getting worse.

"Yes, overall you're satisfied with the state of roads, and you're satisfied with transit, but tell us how we could make that even better," said Nenshi.

Information from the events will be presented to council in the spring to help identify budget priorities before a finalized action plan will be brought forward in autumn.

More information including the bus schedule can be found at calgary.ca/checkin.

Continuing to spotlight, support and have challenging conversations

about social

issues is really

important to me.

Adam Tran HELEN PIKE/METRO

Looking at supporting small business and entrepreneurial endeavours is really important, especially now.



Stephanie Foran HELEN PIKE/METRO

PANCHIANDS

Police investigate boy's death



Aaron Chatha Metro | Calgary

Neighbours in a northwest Calgary community are reeling after word spread that a three-year-old boy had been killed in their area over the weekend.

Police responded to a home in the 400 block of Ranchlands Grove NW on Saturday night and neighbours said they awoke Sunday to police tape surrounding a multi-family unit in the area.

Officers were called to check on the welfare of a resident in the home.

Sasha Moline lives nearby and said police detectives confirmed to her that a three-yearold boy, who Moline identified as Isaiah, had died.

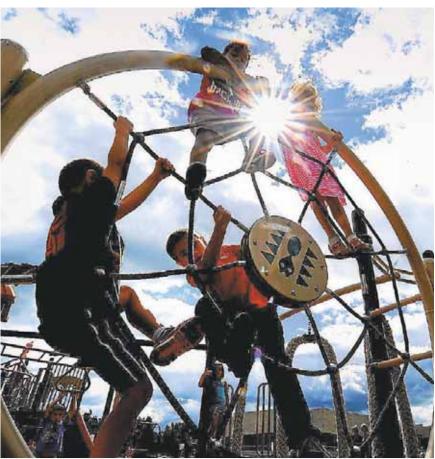
Police later confirmed that a three-year-old boy was found dead in the home and an adult female was also found and taken to hospital in stable, non-life threatening condition.

Moline said she saw the youngster and his mother, Fatim, whom Moline said is recovering in hospital, playing outside their home Saturday.

"Who would hurt a child? This is absolutely horrible," said Moline outside her home near the scene. "He was so sweet, such a sweet boy."

Police have released few details on their suspicious death investigation. The Calgary Police Homicide Unit is on scene probing the area for clues in the death





Kids in northern Alberta are being treated more quickly than those in the south. METRO FILE

Mental health aid unequal for youth

Response time varies based on where children live in province



Jeremy Simes For Metro | Calgary

As more children seek care for their mental health, kids in southern Alberta aren't being treated as quickly as their northern counterparts.

In the Calgary Zone from July to September of 2015, 83 per cent of kids — from birth to age 17 - were offered appointments within 30 days of referrals, a dip in 11 percentage points from 94 per cent last year during that same time frame, according to AHS' 2015/16 Q2 performance report.

By contrast, 94 per cent of Edmonton Zone kids were of-

fered appointments within 30 days of referrals, a sharp increase of 29 percentage points from 65 per cent.

Health Minister Sarah Hoffman said it's frustrating the majority of AHS health zones do not meet the provincial target of 90 per cent.

In Q2 2015/16, there were 960 new enrolments in Calgary, up 136 from 824 last year. In Edmonton, there were 779 new enrolments, down 58 from 837.

As more kids seek treatment, Hoffman noted strapped front-line services could be part of the reason why there's a percentage reduction in the Calgary Zone.

"Either way, those are our targets and we need to strive to meet them," she said.

"It's good news that are front-line staff are looking to increase capacity ... but yes, we have more work to do, and that's clear from these numbers.'

In a statement, AHS said the increase in the number

care can — at times — affect workers' abilities to offer appointments within 30 days.

Rick Lundy, founder of Open Arms Patient Advocacy Society, said mental health access for children is sparse across the province, regardless of benchmarks.

"To see the percentage go down in Calgary is a big concern," he said.

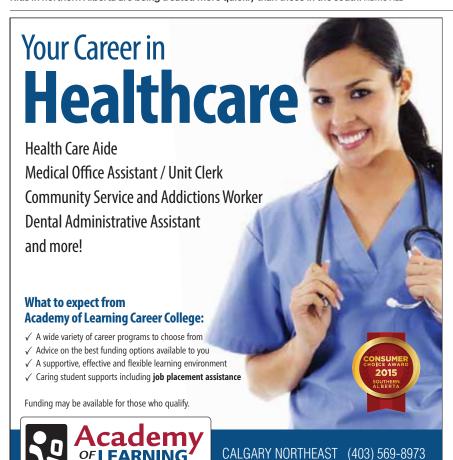
"Early intervention is key - if we can help children early, they become an adult with the best mental health possible.

During the last election campaign, the NDP pledged it'd improve mental health services for Albertans.

Currently, AHS doesn't set benchmarks for specific health zones regarding children's mental health access.

Hoffman said AHS should consider creating zone-specific targets.

The government's mental health review is expected in the coming weeks, she added.



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IN BRIEF

City braces for worstcase scenario economy

Mayor Naheed Nenshi is hoping for the best when it comes to Calgary's economy, but warns job numbers are still going in the wrong direction.

"We tend to leave the scenario planning to folks who are better qualified to do that kind of work, but I do know that there are scenarios floating around the city that take us into double-digit unemployment rates," said Nenshi.

This after Calgary's unemployment rate rocketed to par with the national average.

"I prefer not to see that myself, but we have to be ready for every eventuality." HELEN PIKE/METRO

More homes on the market for longer: CREB

The Calgary Real Estate Board (CREB) has released its January numbers and it shows the continuing decline of home sales in Calgary.

Compared with January of 2015, last month saw a 13 per cent drop in the number of homes sold in the city.

New listings were down 16 per cent, meaning fewer people are putting their homes on the market, although active listings climbed four percent, meaning there are still more homes for sale overall.

The average home is staying on the market for 50 days, nine more days than in January 2015.

Although the average price of a home dropped less than \$1,000, the median price has dropped three per cent, from \$422,000 to \$409,000.



The southwest transitway is set to begin construction in the spring. It will have buses running at regular intervals from the southwest to downtown. The project includes bus-only lanes on 14th Street. Jennifer Friesen/For Metro

Feud distracts from any meaningful talk

SOUTHWEST TRANSITWAY

Protest group questions need for security at public sessions



Brodie Thomas Metro | Calgary

The fact that the city now has undercover security at public information events speaks to the tension that's in the air surrounding the southwest transitway.

City of Calgary transportation spokesman Sean Somers is ready to give some credit to the people behind Ready to Engage — a group opposed to the project.

"They're causing — I guess

to their credit — a really good distraction from work we could otherwise be doing," he said.

Somers said his department has marching orders from city council to go ahead with the project. What remains to be discussed is the "how."

"We're having fewer of the conversations about the things that we can change," said Somers. "What will the intersection look like at 90th Avenue and 14th Street? Is it going to be an intersection or an interchange? That's something they can influence now."

Instead, Somers said the discussion is about the fight.

Rick Donkers of Ready to Engage said he's amused the city would accuse a small group of derailing the project.

"If there was a dialogue instead of dictating what's going to happen from the city.... The tone is being set by them. What we're seeing is, 'This is the plan, like it or lump it.'"

Donkers said he's unaware of any altercations between members of his group and city staff that would warrant the need for security.

He was, however, aware of an altercation that took place on Jan. 27 at a public meeting in Haysboro.

Donkers shared with Metro a letter Ready to Engage has written to the Haysboro Com-



We're having fewer of the conversations about the things that we can change.

Sean Somers

munity Association requesting an apology after an altercation between one of their board members and a Ready to En-

gage member.

Maxine Morrison, president of the Haysboro Community Association, confirmed there was an altercation although she didn't feel it warranted media attention.

She said from her understanding, it was a verbal assault and possible defamation of character against one of the board members.

Morrison said she's entirely happy with the consultation from the city.

"This project should've happened 20 years ago," she said. "Is it perfect? No, because we're in a recession. We're working with the city on getting pedestrian walkways. That's really the only thing I can see lacking."

EDUCATION

Teacher retiring: School



Lucie Edwardson Metro | Calgary

Days after concerned parents took to a community Facebook page to discuss complaints their children had made about a teacher at Nose Creek School the same teacher has suddenly retired.

Although all posts have since been removed from the Facebook page, the discussion began when a mother posted that her daughter complained of being verbally abused by teacher Ms. Elo Olalekan — followed by many other parents voicing similar concerns.

"I did think my daughter was just 'being dramatic.' Now I know she was not the only one that would go home in tears," wrote one mother.

The post garnered mixed responses from group members, some saying it was not the right way to approach the issue, while others said they had reached out to the school and heard nothing back.

When Nose Creek School principal, Mike Wilson, got word of the Facebook post he asked a parent in the group to post a letter on his behalf, "respectfully asking" the letter be removed, and that anyone with concerns towards a teacher to "contact me directly so we can work together to address them."

Just days after this letter was posted to the group, another letter was sent home with children at Nose Creek School stating Olalekan was retiring.

Metro made numerous attempts to contact Ms. Olalekan at her listed phone number and address, but were unable to reach her for comment on the matter.



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6 Tuesday, February 2, 2016 Calgary | **Metr**® NEWS

NDP government banking on diversification to ease oil woes

ENERGY

Initiative puts focus on two types of natural gas

The Alberta government aims to create thousands of jobs and reel in billions in investment by providing \$500 million in royalty credits to the province's petrochemical sector.

The Petrochemicals Diversification Program announced Monday is one example of how the NDP government aims to encourage more value-added processing in Alberta — turning raw materials into more lucrative products within the province rather than shipping them elsewhere.

"We understand that to create long-term sustainable jobs, we need to diversify beyond just energy extraction into other areas of strength," said Economic Development and Trade Minister Deron Bilous.

Alberta's petrochemical industry has a tough time competing with Texas and Louisiana because of higher construction costs, he said. The program seeks to narrow that gap and attract investment.



The Alberta government announced a subsidy for the province's petrochemical industry to help it compete with other jurisdictions, in an effort to help diversify the province's energy-reliant economy. THE CANADIAN PRESS FILE PHOTO

The initiative will focus on two types of natural gas: methane and propane, which can be used in the manufacturing of fertilizers, plastics and other products.

The government said it expects 3,000 jobs during construction and 1,000 directly and indirectly once plants start up. It said there's the potential for two or three new facilities to be built in Alberta and investment of between \$3

billion and \$5 billion.

Ed Gibbons, who chairs Alberta's Industrial Heartland Association, said the program is good news for the Edmonton area, which is home to numerous petrochemical plants and refineries.

"We anticipate that today's announcement will provide

the tipping point for investors with the scale now pointing toward Albertans' direction," said Gibbons, an Edmonton city councillor.

The credits will be paid out over three years once the projects are complete in an effort to reduce risk to government. The idea is for the petrochemical companies to trade or sell the credits to oil and natural gas producers, which can use them to offset their royalty payments to the province.

One recommendation from last week's royalty review report was to examine ways to encourage more investment facilities that turn raw resources into more valuable products.

In addition to natural gas, the expert panel also recommended looking at ways to make higher-value products out of oilsands bitumen.

The application process for the program opens this week and will close in April. Bilous said shovels could hit the ground this year.

University of Calgary economist Trevor Tombe said there are times when government subsidies are justifiable — but this isn't one of them.

"If a facility is not able to compete in the market on its own grounds, then — absent a market failure — a subsidy will actually lower GDP," he said. "It will actually harm the economy."

At a time when the prov-

4,000

The government said it expects 3,000 jobs during construction and 1,000 directly and indirectly once plants start up.

\$500M

\$500 million in royalty credits will be provided to the province's petrochemical sector. The province announced last week details of its new royalty regime.

\$31.42

The closing price Monday of WTI crude oil.

ince is contending with a hefty budget deficit, it's a questionable spending choice, Tombe said

"Things like child care or education, health care, homelessness support — these are areas where subsidies can be justifiable on social policy grounds. Dollars spent on the petrochemical industry means those are dollars that can't be spent in other valuable areas."

THE CANADIAN PRESS



We need to diversify beyond just energy extraction into other areas of strength. Trade Minister Deron Bilous



metr@NEWS | Calgary Tuesday, February 2, 2016



WWE Hall of Famer Bret (Hit Man) Hart has had serious health

Hart facing 'toughest battle' yet

WRESTLING

Canadian legend reveals he has prostate cancer

Canadian professional wrestler Bret Hart says he has prostate cancer and will undergo surgery "in the next few days."

Posting on his verified Instagram account, the Calgaryborn grappler known as "The Hitman" said he was about to face his "toughest battle."

The 58-year-old has had serious health issues before.

He suffered a significant stroke in 2002 that left him partially paralyzed, but made a successful recovery.

Hart was born into a legendary wrestling family led by his father Stu Hart, the founder of Calgary's Stampede Wrestling promotion.

Monday's Instagram post had more than 8,000 likes within an hour of it going up.

"With hesitation and fear, I openly declare myself in my fight against prostate cancer," Hart said.

He made his debut in the WWF (now WWE) in 1984 and rose to fame as a member of the Hart Foundation with tagteam partner Jim (The Anvil) Neidhart. Hart went on to win the WWF World Heavyweight Championship five times before an acrimonious split with the promotion.

He joined rival WCW, where he won the heavyweight title four times.

Hart has since mended fences with WWE and was inducted into the promotion's Hall of Fame in 2006.

😑 IN BRIEF

Missing hikers found safe and uninjured

Cochrane RCMP say four Calgarians who went missing while hiking west of the city on Sunday have been found safe and sound. The four left Calgary at 11 a.m. and were expected back around 4 p.m. the same day. They

were planning to hike the Prairie Mountain Trail which is across from Elbow Falls along Highway 66, southwest of Bragg Creek. The hiking group's vehicle was found in the parking area for Prairie Mountain Trail undisturbed. They were found at 9:25 a.m. Monday. METRO

MCBRIDE AVALANCHE

Coroner expects to find cause of slide

The number of

snowmobilers who were killed

in the avalanche.

The B.C. Coroner's Service is confident it will pinpoint the cause of an avalanche near the community of McBride that killed five Ålberta snowmobilers last week.

Coroner Barb McLintock says investigators have "nearly always" been able to determine what triggered previous slides.

An avalanche technician wrapped up work on the site in eastern British Columbia

McLintock says in addition to determining the cause of the slide, the investigation will look at contributing factors and whether anything could have been done differently to avoid the deaths.

will also have to determine whether

They were among four separate groups in the area. She says her office

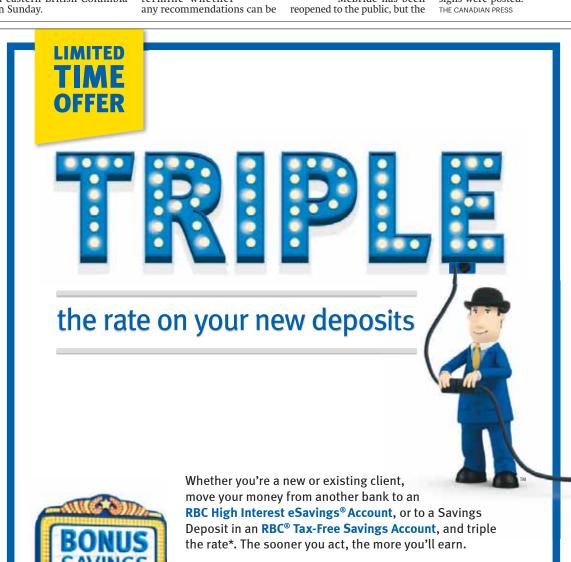
made to prevent a similar tragedy from happening in the future. McLintock says it's impossible to predict how long the investigation will take.

The area where Friday's slide occurred about 20 kilometres east of McBride has been

Coroner's Office is urging any members of the public venturing into B.C.'s back country to check with Avalanche Canada to see what risk levels are.

The five who were killed were among four separate groups of snowmobilers who were in the same area when the slide came down.

The avalanche risk was rated as "considerable" and warning signs were posted.



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🛑 IN BRIEF

Blue bin program reaches apartments and condos

Apartment and condo life just got a little greener, thanks to the city's mandate to use a blue bin. As of Feb. 1, all "multifamily" dwellings must recycle.

"It's very very flexible you can hire a company, someone in the building can agree to take the recycling to a community depot. We've got a pretty broad mandate, and so my understanding is compliance has been very very good," Mayor Naheed Nenshi said Monday.

"If there are buildings that have not yet gotten there, they can ask for more information on how to comply at calgary.ca."

Buildings with five or more units on one parcel of land must comply with the new rules or face penalties from the city. HELEN PIKE/METRO

Edmonton officer suspended for 50 hours

An Edmonton police officer with more than 25 years experience has been suspended without pay, for searching a police database to satisfy his own "personal interest."

Const. Collin Smart, who joined the Edmonton Police Service in 1989, is suspended without pay for 50 hours — worth about \$2,450 in pay — according to a disciplinary decision presiding officer Mark Logar handed down Jan. 21.

The decisions stems from Smart's use of the Canadian Police Information Centre database, a computer records database.

In a statement of facts Smart agreed to for the hearing, Smart conducted several "unauthorized" searches on the computer using his partner's login credentials from July 2013 to June 2014.

TIM QUERENGESSER/METRO



A shooting occurred at **Ten X nightclub** in early January. METRO FILE PHOTO

Embattled nightclub Ten X closes up shop

Gun incident didn't help, but economic woes the killer



Jeremy Simes For Metro | Calgary

It wasn't a brazen shooting that caused Ten X Nightclub to close its doors.

According to Ten X manager Rhett Brownbridge, the nightclub wasn't making ends meet.

"Plain and simple: it's just economics," Brownbridge said. "From bringing in international talent, you're just getting ham-mered on paying U.S. dollars. It makes it really tough. And in the bar business, if you don't make your earnings in the limited hours, you can't survive."

During the wee hours on Jan. 10, a gunman opened fire at the club's entrance, injuring a 38-year-old man who was taken to hospital in stable condition.

Brownbridge said Ten X staff pulled through tremendously after the shooting.

"Our team is incredibly tight. Nobody really left and everybody was confident everybody could do their job," he said. "We're really together and that (shooting) brought us closer."

Though he thought the shooting was well handled by police

It's unfortunate. Times are so tough right now.

Rhett Brownbridge

and staff, Brownbridge said the incident may have made people think twice about going to the

"People are going to draw their own assumptions and either visit your venue or not," he said. "I don't think you can go through anything of that sort without it playing a factor."

In connection to the shooting, two Calgary men - Mohamed Elmi, 31, and Mohamed Salad,

29 - were charged with offences including attempted murder, discharging a firearm to endanger life and aggravated assault.

For bar patron Alex Austin, Ten X was comfortable and accepting.

"When you walked into the doors, I had a thousand arms to fall into. It was like another home," she said. "But it wasn't just the community that was great there — the music was amazing."

Brownbridge said there are no immediate future plans for Ten X owners and staff.

"It's upsetting because I had such a good team," he said.

Police are looking for a third suspect who was in the alleged

ECONOMIC DEVELOPMENT

Remote work on agenda



Imagine going to work in another province or country, but from the comfort of downtown Calgary.
That's just one project Cal-

gary Economic Development (CED) is proposing with \$7 million in seed money from the city's Economic Resiliency Fund, established in December. The fund came from budget surplus at the end of 2015.

While some of the \$30 million fund was put toward initiatives like freezing transit fares, \$14.4 million was set aside for Calgary Housing and CED.

CED has put forward a proposal of initiatives worth \$7 million. Included is half a million dollars to promote a service called WORKshift Worldwide, which facilitates remote offices.

According to CED's report to the Priority and Finance Committee, CED would seek out markets that have labour constraints and high demand for skills possessed by recently outof-work Calgarians.

Coun. Ward Sutherland sits on the CED board of directors and said CED has already partnered with WORKshift.

"WORKshift has had some contracts with government facilities — things like that where they're getting people to work at home instead of in buildings. It's much more costeffective.

CED's goal is to make it easy for foreign project managers to tap into Calgary's work pool of IT professionals and engineers.

The initiative could also put workers into vacant downtown offices, if they're not working remotely out of their homes.

It will be up to the city's Priorities and Finance Committee to approve the funding on Tuesday. It would then have to go to council for final approval.

66 The language of poetry will still be there. Derek Beaulieu

Calgary poet laureate Derek Beaulieu. CONTRIBUTED

LITERATURE

Erasing Warhol to create New York feel

It's a book about New York, yet there's hardly any words.

But that's the point, according to Calgary's poet laureate Derek Beaulieu.

One page per day, Beaulieu is erasing text from Andy Warhol's "a, A Novel" to encapsulate the city's rhythm and its frequent commotion.

To do that, Beaulieu is leaving in all punctuation: commas, semi-colons, apostrophes, etc. He's also letting "sound" words - like "clatter" and "chatter" remain untouched.

The end result is erasing warhol, a book that Beaulieu hopes will unearth new ways of reading and writing.

"(The book) will look a lot

like art work, but also act like a novel," he said. "It'll evolve from page to page. The language of poetry will still be

For example, "Drella — We should start for the park, right? Okay. Hmm. Coin drops," turns into "? . . Coin drops."

"When I started looking at the pages, I got thinking that the periods and commas were traffic signs in a New York City landscape," he said. "The city's comings and going reminded me of a quote from Lynne Truss. It refers to punctuation as the traffic signs of writing."

a, A Novel is all about "sex, drugs and rock 'n' roll," where artists hitch cab rides, walk the

back streets and gossip, Beaulieu added. It's also a place that recharges his mind.

"As I'm doing this — reading the pages and erasing the pages — it's reminded me of all the buzz of any given street," he said. "That buzz echoes in the writing."

Beaulieu said he plans to publish erasing warhol and exhibit the texts in a gallery. He has about 400 pages to go.

JEREMY SIMES/FOR METRO

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Dog on the mend after brutal attack



A dog that was repeatedly kicked in his genitals until he urinated blood is expected to make a full recovery.

Annette Armitage with the Halifax-based Animal Rescue Coalition (ARC) said the dog now being called King Edward was surrendered to animal control last week.

"We originally thought he had (testicular) cancer, but no — the vet determined he was probably booted repeatedly in the privates area," Armitage said Monday

"They still have to express his penis on a regular basis because of the fluid buildup."

The dog's genital area is still very swollen and he occasionally winces while playing, but overall he's doing well. Armitage said cases like this highlight an issue that has always existed but has been brought to the forefront thanks to social media.

"I don't know if there's any more animal abuse than there ever was, but with the engagement of social media and with more public awareness we're



King Edward HANDOUT

hearing about these more," she said.

Armitage said whoever surrendered the dog told animal control he was a stray. Although they'd like to find and charge the person who abused King Edward, she said statistics aren't on their side.

Due to the nature of King Edward's injuries he's still being fostered with a veterinarian. When he no longer requires regular vet care he'll go to a foster home before being put up for adoption through ARC.

"This little guy ... you would think he would be terrified and distrustful of humans, but he loves everyone," she said.



Defence zeroes in on inconsistencies

GHOMESHITRIAL

Lawver tests complainant's memory and credibility

A misremembered car, uncertainty over a kiss, who was 'smitten" with whom, and the mystery of a set of hair extensions dominated the first day of the Jian Ghomeshi sexual assault trial.

Score one point for defence lawyer Marie Henein; zero for the prosecution. As the afternoon wore on, Henein raised one after another issue with the first complainant's testimony, nibbling around the edges of her credibility. Tuesday, Henein is expected to tackle the more substantive issue: Does her story of being punched three times in Ghomeshi's Riverdale home in 2003 hold water?

The woman, a struggling actor and part-time cocktail hostess seven years older than Ghomeshi at the time, said she met Ghomeshi while working for the caterer at a CBC Christmas party.

"He was flirtatious," the woman remembered.

She said he drove her to her car afterward, in a vehicle she described as a 1960s Disney movie car, a yellow Volkswagen Beetle. In the car, she told court, he asked her to undo a few buttons of her blouse (she said no) and kissed her.

Then, she said, it was like a switch flipped. "There was almost a rage that wasn't there a second before." She told court he grabbed her long hair and pulled it back hard, holding it back for two to three seconds. "It was painful and sudden."

She said he then switched back to being a nice guy, and they chatted and he kissed her goodbye. She wondered if he simply did not know his own strength.

According to her story in court, she stayed in touch with Ghomeshi and went back to his home after another visit to a taping of his show. At one point she said they were standing up kissing and, without warning, "he grabs my hair again" and "pulls my head down and at the same time he is punching me in the head multiple times."

Before noon, defence lawyer Henein was at the podium asking questions, going over minute details with apparent success. The witness was flustered by the end, and under the rules of cross-examination she is not allowed to speak to the Crown, or anybody, about the case until Henein is finished and the prosecution, if so inclined, questions her

Henein noted that in her morning evidence (called "evidence in chief") the woman said she was kissing Ghomeshi in the car when he suddenly pulled her hair roughly. Henein noted that stories by the Toronto Star and CBC, based on interviews with her in the fall of 2014, did not reference kissing. Henein indicated that court will hear that the woman went on to tell police the kissing and hair pulling were "intertwined."

In response, the woman said that she "had the memory," she just "didn't put it out" when she gave interviews to the media. She said she was flustered and "high on nerves" when she spoke to CBC. The Toronto Star, she said, "twisted" her words.

TORSTAR NEWS SERVICE

IN BRIEF

Rooftop rebels warned

Toronto police Const. David Hopkinson has arrested his fair share of rooftoppers, a nickname for the daredevil photographers who climb atop skyscrapers to snap vertigo-inducing pictures of the world below. He expects it's just a matter of time before one of them in Canada dies. Last year, at least two deaths were linked to rooftopping. THE CANADIAN PRESS

Candidate's name in lights

A Feb. 11 Ontario byelection is starting to resemble a comedy skit. One candidate legally changed his name to Above Znoneofthe so he appears last on the Whitby-Oshawa ballot, inviting voters to literally pick "none of the above" in name and concept. But another candidate, directly above him on the ballot, is the leader of a party called "None of the Above." THE CANADIAN PRESS

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NEWS | World Tuesday, February 2, 2016



Chinese artist-activist Ai Weiwei has recreated the famous image of three-year-old Syrian Alan Kurdi who drowned in Turkey last year by staging a photo of himself face down on a beach in Greece, ROHIT CHAWLA/INDIA TODAY VIA THE ASSOCIATED PRESS

Artist sparks controversy with photo

Chinese activist faces backlash over recreation of Kurdi image

The pose is hauntingly familiar – face down, arms extended, lifeless.

Chinese artist and activist Ai Weiwei has recreated the image of drowned Syrian toddler Alan Kurdi, who put a face to the Syrian refugee crisis when his body washed ashore in Greece

Taken on a pebbled beach on the Greek island of Lesbos last week, Ai's photo is "a tribute"

"Ai Weiwei believes that artists don't have to be more political, they just have to be more human," said India Today, which took the image as part of the magazine's Art Awards 2016 International Spotlight.

Photographer Rohit Chawla snapped the photo of the artist in Lesbos, where Ai is working on a memorial to the refugees "in order to highlight their plight and spread the message of peace, brotherhood and trust.'

Like much of Ai's work, the image garnered mixed reactions.



Some lauded it as "powerful" and thanked the artist for "keeping alive the memory of Alan Kurdi."

Others said it was "a horribly inappropriate banal publicity

"This bothers me. Real images of dead children aren't powerful enough?" asked Washington Post Magazine editor Elizabeth Chang.

Kurdi drowned alongside his brother and mother last September while the family attempted to make the dangerous Mediterranean crossing to Greece.

The image of Kurdi's lifeless body caused shock and grief among people around the world and pushed governments to address the plight of the refugees.

Ai has been posting images and videos online of many refugees arriving in Lesbos, including one in which he is holding up a sign that reads: "Safe Passage." TORSTAR NEWS SERVICE



😑 U.S. PRESIDENTIAL NOMINATIONS

Cruz trumps Donald in Iowa as Huckabee bows out

Ted Cruz, a fiery, conservative Texas senator loathed by his own party's leaders, swept to victory in Iowa's Republican caucuses Monday, overcoming billionaire Donald Trump and Florida Sen. Marco

Cruz's victory was a harsh blow to Trump, the supremely confident realestate mogul who has roiled the Republican field for months with controversial statements about women and minorities.

The caucuses marked the end of former Arkansas Gov. Mike Huckabee's White House hopes, as he dropped out of the Republican race.

Among Democrats, Hillary Clinton and Bernie Sanders were deadlocked in a tight race. THE ASSOCIATED PRESS

Zika, outbreak of birth defects a threat: WHO

An outbreak of birth defects and neurologic disorders linked to the Zika virus meets the criteria for a global health emergency, the World Health Organization said Monday.

WHO director-general Dr. Margaret Chan made the declaration following an emergency committee meeting held earlier in the day.

This is only the fourth time since 2009 that the UN health agency has declared a "pub-lic health emergency of interthe International Health Regulations, with previous declarations made for H1N1, polio and Eb-

"After a review of the evidence, the committee advised that the clusters of microcephaly and mosquito other neurological complications constitute an

extraordinary event and a public health threat to other parts of the world," said Chan, who ac-



emergency is not being called over Zika specifically but the

cluster of neurologic disorders

recommendations.

"In their view, a coordinated international response is needed to minimize the threat in affected countries and reduce the risk of further international spread."

Dr. David Heymann, the chair of the committee, clarified that the

Canada and continental Chile. The WHO said that between three and four million people could be infected over the next 12 months, though this is a rough estimate based on data from past

currently being linked to the virus, which lacks a vaccine or

The virus is spread by a day-

biting mosquito called the Ae-

des aegypti, which can be found

throughout the Americas except

outbreaks of dengue, a virus re-

lated to Zika. TORSTAR NEWS SERVICE

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Canadians hoard cash

Investors have \$75 billion in reserves, CIBC study finds

Canadians are holding a record \$75 billion in extra cash and continue to sock away money at a rate not seen in more than four years, according to a new report from CIBC World Markets.

Normally that extra money would be invested in equities, but the study found that nervousness over volatility in the markets has many Canadians reluctant to take the plunge.

According to the study, excess cash reserves held by Canadians have risen notably since the 2008 financial crisis.

In the past year alone, cash positions are estimated to have risen more than 11 per cent the fastest pace since early 2012 — reaching \$75 billion as of December 2015.

That figure represented almost 10 per cent of the total value of overall personal liquid assets in Canada.

"We are currently witnessing the creation of personal cash buffers larger than at any other time on record," said Benjamin Tal, deputy chief economist at CIBC World Markets and a co-author of the report.
"Consistent with past behav-

iour, Canadian investors have used current market volatility as an excuse to let cash pile up in their chequing and savings accounts," Tal said.

The report finds that all Canadians, young and old alike, are making cash a bigger part of their portfolios.

"But, strikingly, those under 35 — the farthest away from retirement - are holding twice as much cash as those over the age of 65, about 33 per cent versus 15 per cent," CIBC said.

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THE CANADIAN PRESS



A hen in a Canadian cage-free barn. Enough farmers have to shift to the more animal-friendly practice before they can supply eggs to the roughly 4,800 Tim Hortons locations in Canada and the U.S. courtesy world animal protection/torstar news service

Big chains hatch cage-free eggs plan

The parent company of Tim Hortons and Burger King announced Monday it is committed to serving cage-free eggs in Canada, the United States and Mexico by 2025.

Restaurant Brands International joins a growing list of restaurants that have promised to dish up eggs only from hens that have not been confined to cages as pressure from customers for ethically-sourced food ramps up.

Canadians and consumers around the world aren't OK with hens being crammed into tiny cages for their entire

lives," said Sayara Thurston, campaign manager with the Canadian wing of Humane Society International, which has worked with dozens of brands to help them create similar goals.

Denny's, for example, has promised its U.S. restaurants will serve only cage-free eggs by 2026, McDonald's has committed to doing the same at its Canadian and American locations by 2025, and Starbucks plans to meet that goal by 2020.

Thurston said it takes so long to meet these targets because the farmers who supply the eggs need time to implement cage-free systems. "We understand that change can't happen overnight," she said.

Enough farmers have to shift to the more animal-friendly practice to supply the roughly 4,800 Tim Hortons locations in Canada and the U.S.



We understand that change can't happen overnight.

Sayara Thurston

Despite the nine-year timeline, Humane Society International hopes Tim Hortons and Burger King will be able to achieve their goal before 2025, Thurston said.

But already, Burger King is poised to miss one of its previous goals. The fast-food chain announced in 2012 that it would be using only cagefree eggs in the United States by 2017. That goal has now been extended to 2025, said Thurston, lumped in with the company's Canadian and Mexican locations.

THE CANADIAN PRESS

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IN BRIEF

Corus launching live events division

Corus Entertainment says it's expanding in the live events business, starting with a two-day country music in July that's associated with its CMT specialty TV channel.

The company says the country-music festival will headlined by Grammy

nominee Eric Church on July 8 and the Grammy winning Zac Brown Band on July 9 in Kitchener, Ont. THE CANADIAN PRESS

Home Internet service finally coming to Cuba

Cuba announced Sunday night that it is launching broadband Internet service in two Havana

neighbourhoods as a pilot project aimed at bringing home access to one of the world's least connected nations. State telecommunications company ETECSA said it would allow Cubans to order service through connections operated with Chinese telecom operator Huawei. THE ASSOCIATED PRESS

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METRIVS

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Tuesday, February 2, 2016

EMMA TEITEL: ON QUANTIFYING QUALITY OF LIFE

Provided that you know what happiness is, how do you gauge its presence? Is it measured best moment by moment, in individual bursts of elation or slowly, over a long period?

The Angus Reid Institute on Monday released the results of a survey quantifying Canadian happiness. The verdict? Of the roughly 1500 Canadian adults surveyed online in December, 16 per cent said they were "very happy," 18 per cent said they were "not too happy," and the majority — 63 per cent — said they were "pretty happy."

The prevailing result

— "pretty happy" — is
so Canadian it hurts; a
glorified "I guess so," it
suggests that most of us
are either too modest to
profess our happiness
outright, or too polite to
despair.

But the result, in true Canadian fashion, is also inherently sensible. It reveals a reluctance to measure in absolute terms a feeling that is forever hard to put your finger on. For starters, what is happiness, anyway? And provided that you know what it is, how do you gauge its presence? Is it measured best mo-

Is it measured best moment by moment, in individual bursts of elation, or slowly, over a long period of time? If you're miserable in January but February is looking up (though it rarely is), are you officially happy, or is your new mood merely a sunny blip in an otherwise blue existence?

Happiness indexes are an increasingly popular way by which experts measure a nation's success.

Yet, despite the numerous challenges involved in measuring happiness we do it all the time. And we do it in droves.

popular way by which experts measure a nation's success (as opposed to, say, looking at its GDP), but this method is inherently



THE PICTURE OF HAPPINESS? Surveys showing high rates of happiness in developing countries such as Libya (above), give Westerners a pass to ignore the world's problems, Emma Teitel writes. KARIM MOSTAFA /ISTOCK

Canadians aren't the only happy — or "pretty happy" — citizens on the planet. According to another recent study, by polling association WIN/Gallup International, Saudi Arabia is the third happiest nation in the world. And Libya — according to yet another happiness index — is the happiest country in Africa.

The list goes on and on. Happiness surveys and their suspiciously positive results are now more pervasive in the international news cycle than personality quizzes in Cosmopolitan. But there may be some very unpleasant consequences to the abundance of these surveys circulating the globe — namely that policy analysts are beginning to take seriously survey results that are vague and possibly

dubious.

For example, happiness indexes are an increasingly

flawed. Why?

Mark D. White, chair of philosophy at City University of New York (in a paper on happiness indexes and public policy), writes: "Happiness is a notoriously difficult concept to define. Just like 'justice' or 'beauty,' happiness is a vague term that means different things to different people; as a consequence, even though everyone knows what it means in various situations, we would be hard-pressed to come up with a single definition that captures all those aspects for every person."

Happiness for Aristotle, for example, was "the whole aim and end of human existence." For Sarah McLachlan, "Happiness is like a cloud, if you stare at it long enough, it evaporates." For me, happiness is a large bag of Jalapeno Jack popcorn from Kernels. In

sum: different strokes.

But there's a far greater danger (beyond imprecise definition) in humanity's apparent obsession with the Happiness Olympics — the danger of complacency. Happiness surveys, says White, may make "people in First World countries less sympathetic to people who actually need help."

For example, someone might conclude after hearing that Libya is a generally happy nation (perhaps even as happy as Canada) that the country doesn't require or deserve aid; that an admission of happiness by a country's population decreases the perceived severity of the country's problems. This danger doesn't merely apply to nations facing mass poverty or political unrest, but to nations like our own.

We know that depression is under-reported in Canada — and that suicide may be as well — so what is the purpose of a survey model that suggests to the wider world that things are looking up when in fact they aren't? The answer is simple: There is none.

Happiness surveys with positive results make for fun, fluffy stories that boost civic pride. But they also foster a culture of complacency and self-deception, in which we ignore our problems and pat ourselves on the back for no good reason. And that is pretty sad.

Emma Teitel is an awardwinning national affairs columnist with the Toronto Star who writes about anything and everything. She got her start at Maclean's Magazine where she wrote frequently about women's issues, LGBT rights, and popular culture.

ROSEMARY WESTWOOD

metroview

Day 1 of Ghomeshi trial: Wobbly witness memories vs. piranha

She's not called a "piranha" for

Marie Henein, the lawyer defending Jian Ghomeshi against four charges of sexual assault and one of choking, dominated the Toronto courtroom where his trial began on Monday.

We're used to hearing sexual assault cases dubbed "he said/she said." But this was "she said/she said." Henein calmly dissected the witness's statements made in media interviews, police interviews and emails from over a year ago, and pecked, pecked, pecked at details until the cracks in memory and discrepancies with Monday's testimony showed.

It was lawyerly excellence, and exactly what keeps sexual assault victims off the stand.

There was the matter of whether the witness was wearing hair extensions in 2002 (an issue that took 15 minutes to sort out), and whether it was she or Ghomeshi who was "smitten" (her friend had given testimony that the witness was the keen one).

There was whether he bashed her head into the car window, or whether she and Ghomeshi were kissing when he pulled her hair the first time, a detail that appeared in her testimony Monday, but not in interviews with the media

How could the witness re-

member Ghomeshi's yellow Volkswagen bug so vividly, Henein wondered, since Ghomeshi had not owned it at the time? And why had the witness agreed with police in 2014 that Ghomeshi yanked her head back against the car seat, if it was actually, as she testified Monday, back towards the car window?

"Where do you say, 'No, no, no, you've got it wrong.' Where is that?" Henein asked about the police transcript.

At the breaks, reporters gathered in the hallways to marvel at Henein's performance. One quipped she'd want Henein as her lawyer if she ever choked her husband. In Henein's hands, a straightforward account of events lost its way. It's hard to imagine a story that wouldn't.

But memory doesn't walk a single line. It's easy to believe that someone recalled details of an event at different times, as the witness said. And yet, a trial isn't about whether someone is believed, it's whether they're believed enough.

What matters is this: Will the witness's jumbled memories be enough to convince the judge there is reasonable doubt that the alleged assaults actually took place?

Against this standard, Day 1 feels like a decided win for Henein, and perhaps a warning against any sexual assault victim who would take the stand and face her.



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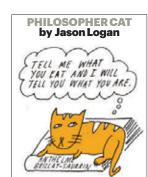
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Adele denies Donald Trump the right to use her music

Yoga bent into shape

Is there a right or wrong way to practise yoga? It pops up a lot in headlines — beer yoga; bunny yoga; rage yoga; concerns about cultural appropriation of yoga at the University of Ottawa's Centre for Students with Disabilities. Metro talked to five instructors across Canada about how they got into yoga, what their practice means to them, and how they feel about teaching an Eastern tradition. Responses have been condensed. EMINA GAMULIN/METRO CANADA



Katrina Prescott, Kundalini yoga teacher, Vancouver

I didn't like yoga, I couldn't stand it. I was born and raised in Vancouver but I lived in New York at the time when the yoga craze started. It seemed like rich, white, thin, model women were doing it and it wasn't for me. I guess about three years ago I was going through a kind-of crisis. My friend who had been trying to get me to go to Kundalini yoga for a long time was like 'Let's just go.'

It is very challenging sometimes to go to a yoga studio and have a teacher that doesn't seem to be very conscious, for a lack of a better term. However, I am now shifted in the thinking that in yoga, if you're tuning into your own self, your own body, being in the moment, even for one moment ... We need that on this planet. Desperately.



Suzanne Gracan, owner FitZonePLUS,

I was an athlete and I climbed mountains for fun, that was a weekend for me. In 2001 I had a fall; it was nothing related to sports whatsoever, and I couldn't walk for two years. It took me eight years to rehabilitate completely. During that time I went from being a very, very athletic, let's say size 10, to 365 pounds at my largest. I decided to try yoga again. Nobody was outright rude but there was just a sense of 'Oh my God, what am I going to do with this person?'

Sixty per cent of my clients are plus sized, 40 per cent are just average-type people. So when you're in a class you don't have to worry about, 'Is my fat roll hanging out? Am I wearing the right clothes?' (Yoga) is different things to different people, but because of this image of what it is - and it's an image of inaccessibility - most people will never try it.

Roslyn Sutherland, Serene Yoga Studio, Winnipeg

In my late 20s, early 30s, I had several surgeries and a couple of car accidents. I needed a way to get healthy. So I went back to yoga and I've been doing it ever since. That puts me close to 30 years of self-practice. Yoga speaks to the physical body, it speaks to the mind. It's given me tools so I can cope with my monkey mind. It's helped me emotionally when I'm feeling out of sorts or down. It might sound a little melodramatic, but it's almost been a lifesaver for me.

Coming from a people that have had this sort of thing (cultural appropriation) happen to them as I understand it - if you as an individual or organization enjoy something from a specific culture, and that culture is not your culture, I just believe you should pay homage to that culture.

Jolene D'entremont, owner Yoga ON, Halifax

The first access I had to yoga was a black and white book called The 28 Days of Yoga. Back in the day, access to yoga, especially in Halifax, was limited. I got pregnant and afterwards experienced quite a bit of postpartum depression and found an Ashtanga class that I would go to once a week. I found that after the classes I would come out and feel like the whole world had opened up. I now do goalie camps for elite goalies who are going to the NHL. More people practising some sort of mindfulness practice can only be good.



Gourav Verma, co-owner Gyan Yoga, Toronto

I was in the school yoga team (in New Delhi) and we entered a few yoga competitions and I won a few of them. This yoga was mainly based on yoga poses, let's call it a kind of exercise. I wanted to learn more, and luckily the mountains were pretty close. So I went over there and I learned it there, the spiritual part of it. It doesn't come just right away, it takes some time.

The Hindu religion and yoga, you can keep them separate. Nowhere in yoga books does it say only Indian people are entitled



to teach this thing. Anyone who learns even just the physical aspect of it can teach it, why not? It's an amazing thing. People love it. But if they don't understand the spiritual knowledge, at least don't spread the false knowledge. I don't think they're stealing anything, but I don't know, maybe in a hundred years — everything changes — that would be too much (laughs).



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LIFE | Health & Television Tuesday, February 2, 2016 | 15

YuMee Chung in The Eagle Has Landed pose. TORSTAR NEWS SERVICE

Ease into yoga with simple seated pose

FITNESS

Perch on the edge of a sofa to get started

YuMee Chung For Metro Canada

Are you a newcomer to yoga? Try this fledgling version of a challenging standing balance called Eagle Pose (or Garudasana in the language of yoga). You'll learn how to build your pose from the ground up by perching it on a couch and focusing on the subtle actions of the arms, shoulders and upper back.

We're calling this one The Eagle Has Landed. It's a great way to spread your wings and get your yoga practice off the ground without leaving the comfort of your living room.

The Eagle Has Landed

1. Begin seated on the edge of your couch with a long spine and feet placed side-by-side below and slightly behind the knees.

2. To create your eagle legs, pick up the right leg and aim to double-wrap it around the left by crossing right thigh over and hooking the top of that foot behind your lower left calf. If the hook of the foot proves to be elusive, choose to simply cross the right thigh over left and nestle the foot beside the lower left calf with toes pointing down. Hug the legs together snugly regardless of the leg variation you choose.

3. Now, create eagle arms by placing your right elbow below the left elbow and twining the arms together until the right-side fingers meet the left palm. If the hands do not meet easily, just reach each hand towards its opposite shoulder blade for a compact self-hug.

4. To make the upper-body actions more dynamic, thrust the elbows towards the wall directly in front of you; lift your arms as a unit; move the hands away from the face (if they are touching); and ease the shoulders away from your earlobes. Imagine you are using the breath to pry the shoulder blades apart and unfold a pair of eagle wings. Breathe

here for five breaths.

5. Finish by unwinding the arms and legs and taking a moment to feel the impact of the pose on your nervous system before repeating the process on the second side.

Eagle eyes

The phrase "eagle eyes" describes the ability to see or observe keenly. In yoga circles, the practice of consciously placing the gaze on a specific focal point while meditating or moving through yoga postures is called drishti. It is said that where the eyes go, the mind follows, and so the practice of focusing the gaze is a technique for refining the mind's ability to concentrate. In eagle pose, we gaze softly beyond the tip of the nose, to an unmoving point on the horizon, to find composure and aid balance.

YuMee Chung is a recovering lawyer who teaches yoga in Toronto. She is on the faculty of a number of yoga teacher training programs and leads international yoga retreats. Learn more about her at padmani.com

HEALTH BRIEF

Exposure to junk food ads affects kids' health: Study

New analysis from the University of Liverpool, U.K., has added to the growing body of evidence that suggests junk food advertising really does lead children to eat more.

The team found that although food advertising didn't increase food consumption in adults, it did significantly increase food consumption in children, with both television and Internet having an equally powerful effect.

Commenting on the significance of the results, which were published in The American Journal of Clinical Nutrition, lead author Dr Emma Boyland said: "Food advertising doesn't just affect brand preference — it drives consumption. Given that almost all children in Westernized societies are exposed to large amounts of unhealthy food advertising on a daily basis this is a real concern.

Based on these findings, Dr. Boyland recommends that children's exposure to food advertising should be reduced. AFP

FOOTBALL

Lead up to Superbowl boasts big acts like Metallica and Pharrell

The Super Bowl takes place a week before the Grammys, but the big game is rivaling the awards shows with a plethora of live concerts and on-site musicians, from the Red Hot Chili Peppers and Metallica to Pharrell and Skrillex.

Alicia Keys, OneRepublic and the Band Perry will perform at concerts on Saturday, Friday and Thursday, respectively. Dave Matthews Band will take the stage Thursday, Nick Jonas will perform at the annual ESPN The Party event on Friday, while Avicii, Elle King and Travis Scott will perform at a Rolling Stone magazine party Saturday.

Though Super Bowl 50 will be held at Levi's Stadium in Santa Clara, Calif., most of the concerts and parties will take place in San Francisco. THE ASSOCIATED PRESS



Pharrell. GETTY IMAGES

MUSIC BRIEF

Grease is the word on the iTunes chart

While Grease Live! (Music From the Television Event sits in fifth place on the February 1 iTunes chart, it's Jordan Fisher's performance of Those Magic Changes that's the soundtrack's most

in-demand single.

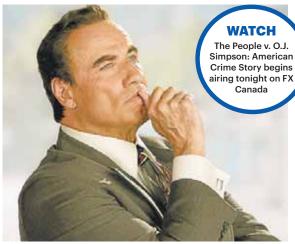
Prior to the FOX TV broadcast, Alabama-born Fisher had recurring roles on family dramas The Secret Life of the American Teenager and Liv and Maddie, and a part in PlayStation 4 horror game Until Dawn. The album's placing puts it behind LPs from Rihanna, Kevin Gates, Adele and Sia

Jessie J's rendition of Grease (Is the Word) is the next best performing iTunes single, reports TheWrap.



REMEMBERING THE O.J. TRIAL

O.J. Simpson's trial for the murder of Nicole Brown Simpson and Ronald Lyle Goldman stretched from November 1994 to October 1995 and has been described as the most publicized trial in American history. What were the stars of The People v. O.J. Simpson doing at the time? TORSTAR NEWS SERVICE



John Travolta (Robert Shapiro)

"I was in the middle of a Pulp Fiction resurrection," says Travolta, who plays Simpson's defence lawyer. "I had a new career. I was happy." Pulp Fiction had just won the Palme d'Or at the Cannes Film Festival as the trial began. Travolta's father, who was a football coach, was obsessed with the case. "So I had my dad at the sofa watching every second of it, from the car chase on."



CubaGooding Jr.(O.J. Simpson)

Gooding was shooting As Good as it Gets with Jack Nicholson, but he was about to achieve fame for shouting "Show me the money!" as an NFL football player in Cameron Crowe's Jerry Maguire.



SarahPaulson(Marcia Clark)

Paulson had just landed her first regular TV gig — as a ghost — on the horror series American Gothic. She remembers watching the White Bronco chase. "I was 19, I think. I was at my friend's house in Brooklyn. We were watching some other show and this damn Bronco thing — we knew O.J. from the Naked Gun movies."



4 Courtney B. 5 David Schwim (Johnnie Cochran) (Robert

Vance was in Toronto shooting the TV movie The Boys Next Door with Scandal star Tony Goldwyn when the verdict came down. "I cheered," Vance told a reporter. Goldwyn screamed "No!" Their reactions, split across racial lines, were happening in homes and offices across North America.



David Schwimmer (Robert Kardashian)

"I was living in L.A., so I was very aware of the tension here," says Schwimmer, whose run on Friends began just as the O.J. trial got underway. "You could feel it. It was palpable in the city. And then this crazy thing of a career break of a lifetime happened."

JOHANNA SCHNELLER WHAT I'M WATCHING

Award shows need to have reaction shots of the audience

THE SHOW: Screen Actors Guild Awards (Global) THE MOMENT: The Reaction Shots

Amy Poehler and Tina Fey give a heartfelt introduction to lifetime achievement honoree Carol Burnett, which includes Fey's line, "Carol was the boss. We realized we could get paid to make comedy with our friends — and also be their boss."

Then Burnett describes how CBS honchos tried to talk her out of doing her landmark Carol Burnett Show: "All the comedy/variety shows are hosted by men," Burnett quotes them. "It's really not for a gal. Comedy/variety is a man's game." She shakes her head no. The audience applauds. Or at least, I'm pretty sure they applaud. Throughout these speeches, it sounds like the crowd is rooting for and relat-

ing to what Fey, Poehler and Burnett are saying. But we at home have to imagine that, because the director doesn't cut to any reaction shots. To me, reaction shots are the best part of an awards show: watching people who are paid to have calculated reactions, have uncalculated ones. Without them, the speeches feel airless.

Yeah, some of them are gaffes. But I'm not talking about those. I'm talking

about the moments of connection. We watch films and TV shows because we're interested in seeing how other people experience being alive. We watch awards shows to further humanize the people who do that for us.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Carol Burnett THE ASSOCIATED PRESS

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PLAYERS TO WATCH IN THE 2ND HALF OF THE NHL SEASON

Whether it be because they are chasing benchmarks or rumoured to be on the move, these stars are worth keeping tabs on in the leadup to the playoffs.



A Patrick Kane

The NHL's leading scorer (30 goals and 43 assists for 73 points) has been the best player on the ice. Kane should shatter the 100-point mark as the Chicago Blackhawks eye a fourth Stanley Cup in seven years.



Dustin Byfuglien

Arguably the player most likely to be dealt before the Feb. 29 trade deadline, the Winnipeg Jets defenceman is a one-of-a-kind player. Byfuglien is a six-foot-five, 260-pound physical force who can hit like a freight train, skate smoothly and contribute offensively. Whoever adds him will pay a premium rental price but will get a difference-maker.



🗿 Erik Karlsson

The Senators captain is on pace for 85 points, which would be the most for a defenceman since Brian Leetch of the Rangers in 1995-96. Karlsson is easy to keep an eye on because he plays almost 29 minutes a game. He's dominant on the power play, where he's put up 18 of his 52 points, good for fourth in the league. If coach Dave Cameron continues to let his captain loose, Karlsson could surpass Leetch and challenge for his third Norris Trophy.



Tyler Seguin

The best centre on the NHL's most offensively dynamic team, Seguin is a superstar who just turned 24. The Dallas Stars' top-line combo of Seguin and Jamie Benn will keep torturing Central Division rivals down the stretch.



5 Braden Holtby

The Washington Capitals' workhorse goaltender already has 30 wins in 39 games, so Martin Brodeur's single-season record of 48 is in play. Holtby is a throwback, an aggressive goaltender who plays the puck like a skater, so the Capitals' breakout gets a boost from him, too. It's only a matter of time until he scores a goal.

THE ASSOCIATED PRESS PHOTOS BY GETTY IMAGES

NFL

Elway won't rush Manning's decision

John Elway realizes as well as anyone just how difficult a decision it is for an elite quarterback to retire, and he has no plans of putting pressure on Peyton Manning to make up his mind right away.

Still, the Denver Broncos are going to do whatever they can to keep backup Brock Osweiler around, too, and not lose him in free agency.

"It's one that is going to change his life, whether it be this year, next year or the



John Elway
GETTY IMAGES

year after."
Elway, the
franchise's
general manager and vicepresident said
at Monday's
Super Bowl
media night.
"It's always a
hard decision.

We'll give him plenty of time. ... Bottom line is Peyton's going to make the best decision for him." THE ASSOCIATED PRESS



IN BRIEF

Broncos give the all-good after bus in fender bender

The Denver Broncos' bus was involved in a minor accident following their practice at Stanford Stadium in Santa Clara, Calif., on Monday.

Outside linebacker
DeMarcus Ware tweeted
a photo of police
investigating the accident.

"To keep the day interesting, we have a small wreck," he posted. "Looks like everyone is ok though."

THE ASSOCIATED PRESS

Snedeker's score holds up at Farmers Insurance Open

Brandt Snedeker wound up winning the Farmers Insurance Open on Monday without hitting a shot.

Snedeker closed with a 3-under 69 in nasty wind and rain on Sunday.

Turns out the wind was just as bad on Monday when the final round resumed — perhaps even worse considering the change in direction — and no one could top Snedeker's score of 6-under 282. THE ASSOCIATED PRESS

NBA

Raps' Casey named coach of the month

Toronto Raptors head coach Dwane Casey has been named the NBA Eastern Conference coach of the month.

The Raptors finished January with a 12-2 record, including a franchise-best 11-game winning streak to close out the month.

Toronto held opponents to an average of 97.4 points over the month, the third-lowest total in the league. They were third in the conference offensively with an average of 105.6 points.

Casey holds the franchise

11.7

The Raptors' average margin of victory, in points, during their current 11-game winning streak.

record for coaching victories with 186 and has a .518 (186-173) winning percentage in five seasons with Toronto.

THE CANADIAN PRESS

ever, thanks to Scott

Journeyman's unlikely all-star nod raises AHL club's profile

John Scott's cross-continent journey has turned into an unexpected boon for the St. John's

franchise has seen a substantial uptick in social media attention and media requests thanks to Scott's highly publicized appearance at the NHL all-star game.

"It's been pretty crazy, I dare say pretty unprecedented, for our team to get this much play," said IceCaps director of communications David Salter.

event.

"It was a story no matter what happened," Salter said. The hype grew when Scott stole the show Sunday in Nashville, earning allstar MVP honours. The IceCaps' Twitter account was swamped with fans requesting they change their handle to the St. John Scott IceCaps. The team finally relented, posting "OK, you win."

Salter said demand for T-shirts American sports broadcasting



The American Hockey League

He said the attention around Scott has put the IceCaps, and the city of St. John's, on the map for those who may have been previously unfamiliar with the capital of Newfoundland and Labrador. Salter knew a "storm" was coming when Scott, the fans' ironic choice to captain one of four all-star teams, was traded from the Arizona Coyotes to Montreal in mid-January, then promptly assigned to St. John's. Like many, he wondered if the NHL was simply trying to prevent the player who scored five goals in 285 career NHL games from playing in the showcase

and jerseys has increased, while



John Scott gets into a friendly tussle with Patrick Kane of the Blackhawks, during the all-star semifinal in Nashville on Monday. MARK ZALESKI/THE ASSOCIATED PRESS

giant ESPN is among those flooding the team with media requests.

Scott has played in only two home games for St. John's thus far, but Salter said fans are clamouring to see him. It could be a boost in the stands for St. John's, which averages nearly 6,000 fans per game, 11th-best in the AHL.

"People have quickly adopted him here," Salter said. The surge in attention has also been positive for Scott, who is playing on his fourth consecutive one-year contract.

He hoped his unlikely all-star experience might open a few doors, and it appears it has. Aside from book and movie offers fans also took to social media Monday, suggesting the struggling Canadiens call up the enforcer.

"John's life has definitely



metr#SPORTS

John Scott, the enforcer who became a cause célèbre on his way to being named a most improbable NHL all-star game MVP on Sunday, reportedly is considering offers for the inevitable: A movie based on his adventures.

On Monday, TSN quoted agent Ben Hankinson as saying Scott will "have different routes" available for "books and even a potential movie". TORSTAR NEWS SERVICE

changed in the past month,' Hankinson said by email. THE CANADIAN PRESS WITH FILES FROM THE ASSOCIATED PRESS

IN BRIEF

Suns fire head coach

The Phoenix Suns, mired in one of the worst stretches in their history, fired coach Jeff Hornacek and promoted Earl Watson to interim coach.

Watson was selected after interviews were conducted Monday with all three Suns assistants.

Hornacek coached the Suns for 2-1/2 seasons. His team had lost 10 of 11 games and 19 of its last 21. At 14-35, their record is tied for fourth worst in

THE ASSOCIATED PRESS



Guardiola to take reins at Man City

manager of Manchester City on a three-year contract starting next season, with the English Premier League club finally capturing soccer's most soughtafter coach four years after failing in its first attempt.

City made the announcement Monday, minutes after current manager Manuel Pellegrini ended a news conference by saying he would be leaving the club at the end of the season.



Pep Guardiola GETTY IMAGES

won 14 trophies in four seasons at Barcelona and has continued to bring in silverware at current club Bayern Munich.

Pellegrini said he knew "a month ago" that he was being replaced by Guardiola.

THE ASSOCIATED PRESS



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ECIPE Chili Mac



Ceri Marsh & Laura Keogh For Metro Canada

This dish combines two comforting classics - mac and cheese and chili - to make one great, satisfying dish. All the melted cheese on top doesn't hurt either.

Ready in

Prep time: 10 minutes Total time: 40 minutes

Serves 4

Ingredients

- •1 lb ground beef
- •1 onion, diced · 3 cloves of garlic, minced
- •1 red, yellow or orange pepper, chopped
- 2 Tbsp chili powder
- •1 tsp cumin
- · Salt and pepper to taste
- 28-oz can of tomatoes
- 19-oz can of kidney beans •1 cup whole wheat macaroni

•1 cup or so of grated cheddar cheese

Directions

1. In a large pot or Dutch oven, brown your meat. Drain excess fat from the pot. Add onions, garlic and peppers and stir. Sauté until the vegetables begin to soften. Add spices, salt and pepper and stir. Let spices cook for a couple of minutes.

- 2. Drain the beans and add them to the pot. Do not drain the tomatoes; you'll want to use the juice. With the back of a wooden spoon, break up the tomatoes. Now stir in the dried pasta. Bring the pot to a simmer and let everything bubble away for about 15 minutes. Taste to check the seasoning.
- 3. Serve each bowl with a generous handful of grated cheese.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Improperly carry out 6. Basilica bench 9. Cars member Mr. Ocasek's 13. Machu Picchu inhabitant 14. Intro-to-drawing class: wd. + Roman Numeral 15. "_ _ in the Life' by The Beatles 16. Bea Arthur character 17 Reasons for some helicopter rescue missions 19. NBA's Magic team, on scoreboards 20. Crease 22. Snappy reply 23. Auxiliary

- 26. Gain 27. Excessively
- 28. Parrot 32. 'Electron' suffix
- 33. Holiday _ 34. Present 35. Extra wheel
- 38. Band-Aid and Xerox, et al.
- 39. Drum kit part 40. Toronto CFL-er 41. Charge
- 42. School org 43. Rover's greet-
- ina! 44. Tolkien creature 45. Fix the scarf 49. February 2nd: If the little critter sees his

shadow on Groundhog Day, that means there will be how much extra of winter weather?: 3 wds. 52. "Sheesh!":

15 16 17 19 23 33 34 38 36 39 40 45 57 58 59 60 62

55. Spydom, _ Hari 56. Stir-fry pan 57. Stanley Park city 59. Kindled again 61. _ Dinesen (Pen name of Out of Africa writer Karen Blixen) 62. Plant stem

63. Journeys 64. Thieving flappers 65. Long river in Scotland 66. Give the go ahead: 2 wds

DOWN

1. Champagne/orange juice drink 2. Stuck's three-word saying finisher 3. Create, like Michelangelo 4. Kirk, to Michael

5. Pie portion:

2 wds 6. "Schitt's Creek" on CBC, as an example of one: 2 wds. 7. Wee outerspace

inhabitants 8. Famous groundhog of Canada. Willie 9. White-toothed crea-

ture in "Groundhog" by Chilliwack 10. Prefix with 'logical' 11. Emily the Canadian painter 12. Method, for short 14. Mr. Sandler of ha-has 18. Baltic, for one 21. Poetic nightfalls 24. Menswear department purchase: 3 wds. 25. Negative responses, in French 29. Doubled dance 30. Vertical's opp. 31. Have payments 35. Carpentry tool 36. In favour 37. In times past 38. Condition 39. Jon and Rod 41. Controversial onmounted-horse with hounds countryside adventure 42. Fashionably 'ready' 46. "What Kind of Fool Am I" by Anthony 47. Dixie Cups hit in 1965: 2 wds 48. "How very, very naughty!' 50. Prefix with 'metric' 51. Uncommon 52. Roman love poet 53. __good time (Enjoys) 54. Chew at 58. U.S. gov. radio service 60. Historic time

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 If you allow negative thoughts to take over today then negative outcomes will follow. If, however, you make an effort to keep a positive mindset, things should turn out all right. Your mind creates your reality.

Taurus April 21 - May 21 If you're unhappy about something then speak up - but emphasize the positive. Don't get into the mindset of thinking the world is a bad place it isn't, it's just your attitude.

I Gemini May 22 - June 21 Just because someone calls themselves an "expert" does not mean you should accept what they say at face value. Checks the facts for yourself and draw your own conclusions.

Cancer June 22 - July 23 There are times when your suspicions are well founded. The planets warn you are right to be doubtful. It's not a good time to commit yourself to anything you can't get out of later.

Leo July 24 - Aug. 23 If you jump to conclusions today you could find out later that you've leapt too far. The planets warn that what you think you see and what is actually there may be two entirely different things.

Virgo Aug. 24 - Sept. 23 Give your brain a rest. If you're typical of your sign your mind is always on the go; that's not always a good thing. Even a Virgo needs some down time. Make this a relaxed day

Libra Sept. 24 - Oct. 23. It's unlikely that you'll be thinking clearly today and if you let your fears get the better of you it could have costly implications. If someone says you need to act fast or miss out altogether you should be suspicious.

Scorpio Oct. 24 - Nov. 22 No matter how formidable your rivals are you can still defeat them. While they are busy bragging about what they are going to do, you will be the one actually doing things.

Sagittarius Nov. 23 - Dec. 21 Keep your thoughts to yourself today. You may be bursting to tell the world what you know but there is a flaw in your understanding. If you speak too soon you could look silly

Capricorn Dec. 22 - Jan. 20 If friends and family give you advice today you should listen to it. If you don't you may regret it towards the end of the week. They are not trying to interfere - they are trying to help.

Aquarius Jan. 21 - Feb. 19 Don't expect everything to come easy to you on the work front today or tomorrow. Mars in the career area of your chart may make it look as if others are being obstructive but only because they see you as a threat.

Pisces Feb. 20 - March 20 If trying to figure it out gives you a headache then give up. You don't have to know it all, you don't have to be the best informed. Switch off your brain today.

CONCEPTIS SUDOKU by Dave Green

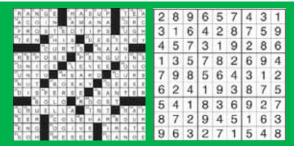
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	5			7	
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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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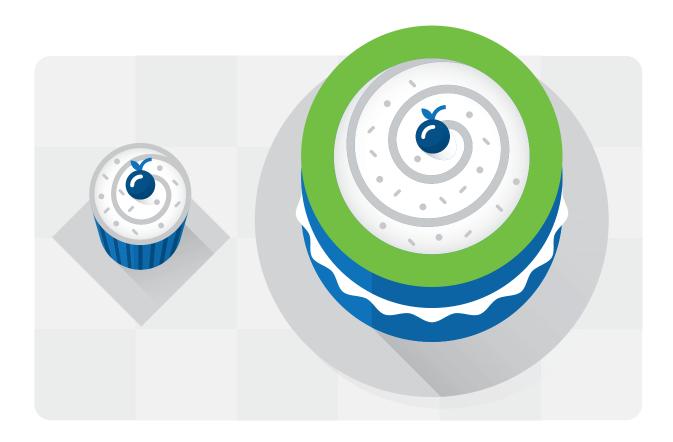




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